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FOR IMMEDIATE RELEASE

HealthFitness Wins 2017 Wellness by Design Gold Award

Award honors the efforts of Minnesota's Hennepin County organizations to promote a healthy work environment

MINNEAPOLIS June 14, 2017 HealthFitness is pleased to announce its recognition as a 2017 Wellness by Design Gold award winner. The award honors organizations within Minnesota's Hennepin County that have demonstrated a strong commitment to creating a healthy workplace.

The Minneapolis-based provider of health and well-being solutions has a workforce of 5,000 throughout the country.

The company integrates its health and well-being programs into its organizational structure and culture and empowers leaders at all levels who act as role models—delivering health messages and promoting well-being activities.

Employees participate in various physical activities and nutrition challenges, healthy coaching and screenings and use online trackers and health assessments to help improve their health and productivity. And an internal social networking site connects employees on everything from exercise challenges to running clubs and personal health success stories.

“At HealthFitness, our mission is to improve the health and well-being of the people we serve, and this is reflected daily in the infectious passion of our people,” says Tina Loskota, vice president, human resources. “Our job is to grow healthy populations and we start with our own.”

Representatives from HealthFitness will be on hand to receive the award during a ceremony on Thursday, June 22.

About HealthFitness

HealthFitness, a Trustmark company, is an award-winning provider of health management, corporate fitness and condition management solutions. With nearly 40 years of experience, it is URAC- and NCQA-accredited and a proven leader and partner for infusing a culture of health. HealthFitness maximizes client results through personalized interaction and a science-based approach to on-site program

management, engagement and prevention. Parent company Trustmark provides a full spectrum of employee benefits to improve well-being through better health and greater financial security. For more information on HealthFitness, visit www.healthfitness.com.

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