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{ Screening }

WHAT IF

WORKSITE SCREENINGS COULD BE MORE
INFORMATIVE, EFFICIENT AND ENGAGING?

Imagine the ability to provide a snapshot of a participant's health that prompts them to take action. We use custom-designed tablet technology to shorten on-site screening times, improve data quality and enrich the participant experience.

Our health screenings are part of HealthFitness' BioVia® health management suite and serve as each participant's starting point to better understanding his or her personal health.

THE PARTICIPANT EXPERIENCE



EASY, ENGAGING and ACTIONABLE

Easy: Screenings are completed on-site, saving valuable time since participants remain at the workplace. Plus, our use of iPad® technology during the screening process streamlines the event, making it quick and easy to participate.



Actionable: Screening results can help detect chronic illness in its early stage—giving participants an opportunity to identify health risks that otherwise may not be apparent. Following the screening, our professional health advisors provide tools and resources to prompt participants to take steps toward improving their health.



Engaging: Participants receive an immediate customized report that identifies health risks and provides insight into their current health status. Combined with on-site health advising, health screening becomes a true health awareness event, seizing the moment to offer personalized counsel that motivates participants to change health behaviors.



THE CLIENT EXPERIENCE



ACCURATE, SECURE and INFORMATIVE

Accurate: Our health screening process includes the upload of all professionally collected data into the participant's health assessment. Biometric data is uploaded within 24 hours of the event.



Secure: iPad tablets are used to collect data about the participant in real time during the screening event. The tablets and LDX meters are connected to a dedicated server via a secure Wi-Fi link that is created within the event space. All database and client data is encrypted and stored on a server key with a Truecrypt encrypted file system.



Informative: You receive an aggregate report that establishes a baseline of your organization's health status. The report includes a risk profile of participants, comparison to HealthFitness norms, detailed breakout of risk status by biometric category, and costs associated with excess risks.

HEALTH SCREENING BENEFITS



Participant and client satisfaction: Our network of more than 30 full-time and 2,800 on-call associates includes an on-site event manager to ensure all phases of your screening process run smoothly from planning to delivery.

Effective communication: You receive tools to help your team partner with us to deliver a successful event. These tools include a site coordinator packet, an overview of the screening process, a planning timeline, a screening supply checklist and FAQs.

Private and secure results: To protect the privacy, security and quality of your participants' data, all data is encrypted using industry standard PGP encryption and is transmitted to the dedicated server in real time. No personal identification or health information resides on the iPad devices.

Comprehensive: Using our custom-designed tablet technology, we can integrate screening data with our on-site health assessment (additional costs apply) to give participants a complete picture of their health status while supporting them as they take small steps toward long-lasting change.

STANDARD SCREENING COMPONENTS:



Blood cholesterol levels
(includes total cholesterol, HDL, TC/HDL ratio, LDL and triglycerides)



Body mass index



Blood glucose



Blood pressure

Additional health screening options and alternative screening methods are available.

About HealthFitness

HealthFitness, a Trustmark company, is an award-winning, URAC- and NCQA-accredited provider of health management, corporate fitness and condition management solutions. With nearly 40 years of experience, HealthFitness is a proven leader and partner for infusing a culture of health. We maximize client results through personalized interaction and a science-based approach to on-site program management, engagement and prevention. Parent company Trustmark provides a full spectrum of employee benefits to improve well-being through better health and greater financial security. For more information on HealthFitness, visit www.healthfitness.com.